

## Welcome to our 2023 Autumn Newsletter!

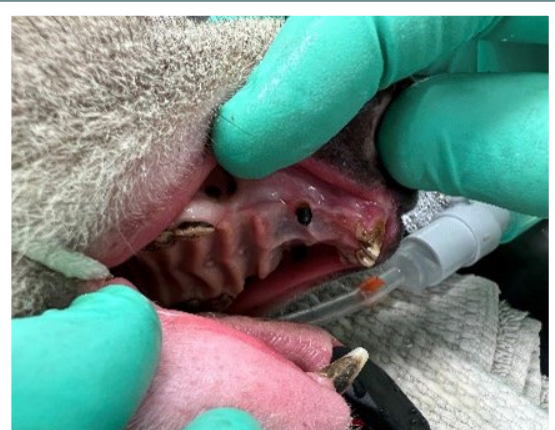
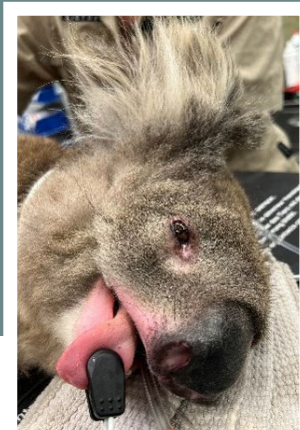
The leaves are changing and mornings getting colder, soon we will find out pets snuggled under blankets and around the heaters.

In this issue we will be introducing you to our new team members, and discussing an important topic lots of pets face. There is also a fun colouring competition for the kids!

### Zoo Story

We were privileged to treat Dindi, a koala from Healesville Sanctuary, last month. She had worn her upper front teeth down from chewing yummy eucalyptus leaves. This exposed the nerves and formed infection around the teeth. The teeth were heavily stained from the eucalyptus oils. Dr David Clarke placed some files down the pulp, cleaned out the infection and sterilised inside the tooth.

The canal inside the tooth was filled with a medication and then a filling was placed on top. Dindi was given medication to relieve any pain.



### Meet The Team

#### Dr. Karly Barker

Karly graduated with a DVM from Melbourne University in 2016. Since graduation, she has been working in general practice as a small animal veterinarian in the eastern suburbs of Melbourne. Prior to studying veterinary medicine, Karly completed a Bachelor of Animal and Veterinary Biosciences at La Trobe University. Karly has a keen interest in small animal medicine, pathology, ultrasonography, and behaviour medicine.

She lives with her partner, and their 4 pets; 2 dogs named Layla and Finn, and 2 cats named Alfie and Toph. It only took her 2 weeks to adopt a rescue kitten after joining the team! In her spare time, Karly enjoys building custom mechanical keyboards, repairing and modifying retro gaming consoles and playing video games.



#### Tina

Tina has been a veterinary nurse for 24 years, working in small animal clinics and specialised in surgical nursing before joining the team at Hallam. She obtained her Diploma in Surgical Veterinary Nursing in 2016 and is passionate about all aspects of patient care, especially anaesthesia and pain management. Outside of work Tina enjoys bike riding, gardening, and spending time with her family which includes 2 rough collies Jezzy and Ollie, 2 cats Kruddy and Sylvester, and a very cheeky cockatoo Newman.



#### Roger

Meet Roger! Those who have been to our clinic recently would have seen Roger, our new resident Green tree frog! Roger has been Dr. Kim's pet since she was 10 years old, making him currently 21 years old! Roger is now spending his retirement life as clinic Frog, greeting all who come in.

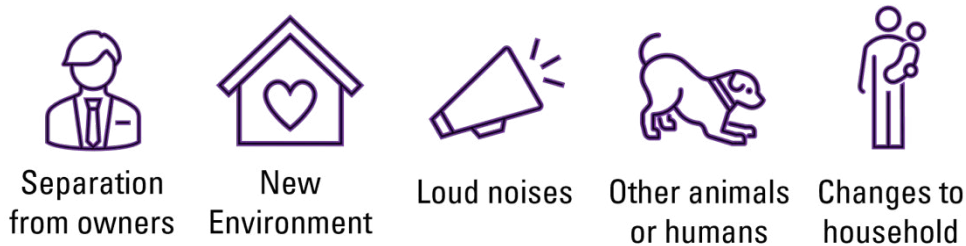


# Anxiety

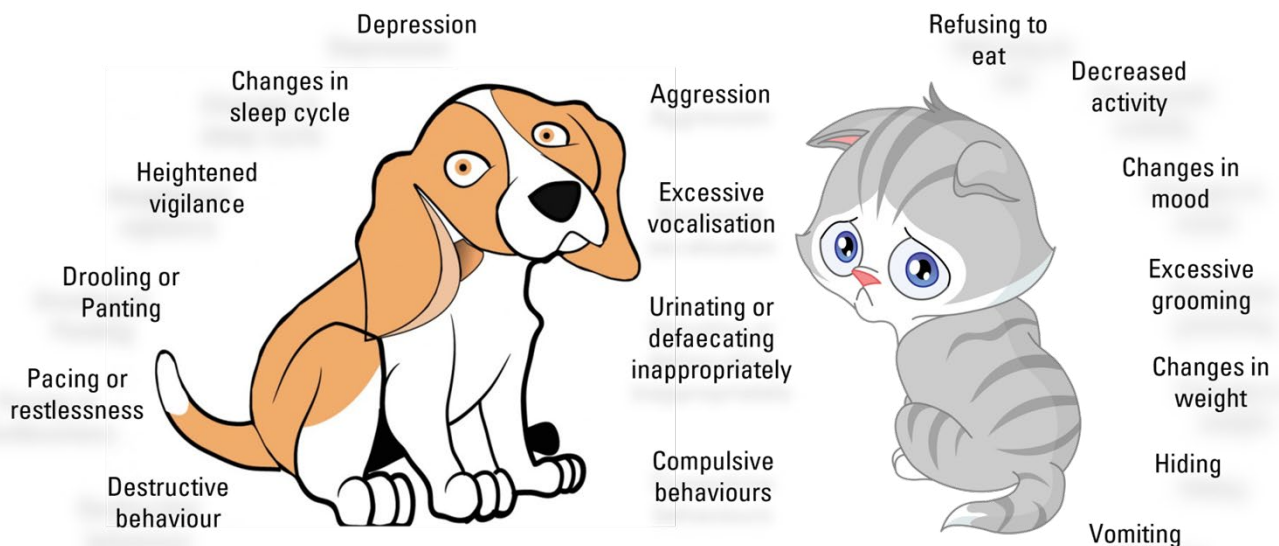
Anxiety is a very real and common health condition in pets. Like humans, 1 in 4 dogs can experience anxiety. Whilst fear is a necessary response when an animal feels threatened, anxiety occurs when that response is produced without a threat or in anticipation of a threat. Behavioural issues related to anxiety are one of the most common reasons pets are surrendered to shelters.

Anxiety may be situational (only occurring in certain situations), or generalized (occurring in any situation or environment).

## Triggers:



## Signs of Anxiety:



# FOR ADOPTION

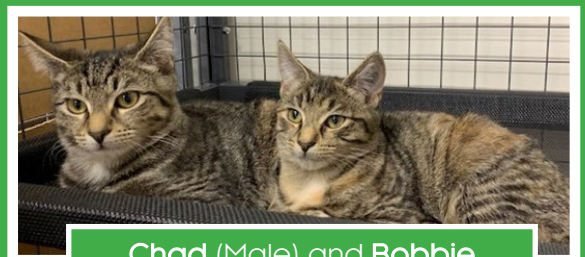
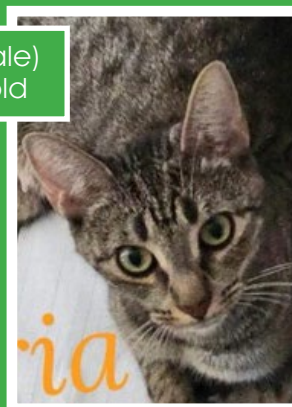
From Furkids Rescue

These cats are being fostered by our clinic, and are looking for a forever home



**Maria** (Female)  
15 months old

**Candy** (Female)  
15 months old



**Chad** (Male) and **Bobbie**  
(Female) siblings 6 months old

All cats come desexed, microchipped, vaccinated, flea and worm treated. Please contact us if you'd like to arrange a meet and greet.

## Treatment options:

Depending on the severity of the anxiety, there is a range of options to help reduce anxiety

### - Environmental enrichment

- o Providing toys and activities for your pet to keep occupied and stimulate happy hormones

### - Training/behavioural therapy

- o Using positive reinforcement for calm behaviours and slow desensitisation under vet instruction

### - Pheromones

- o Products like Feliway and Adaptil release pheromones that have a calming effect on cats and dogs. These pheromones are similar to those produced by mothers for their young.

### - Supplements

- o There are some supplements that contain products like casein protein and tryptophan that can calm pets and reduce anxiety. These can work very well for some animals, but may not be enough for others



### - Medications

- o When the anxiety is too high to be managed holistically, the incorporation of medications can reduce the baseline anxiety level and assist with short term situational anxiety. These are prescription medications and may vary depending on the specific needs of your pet.

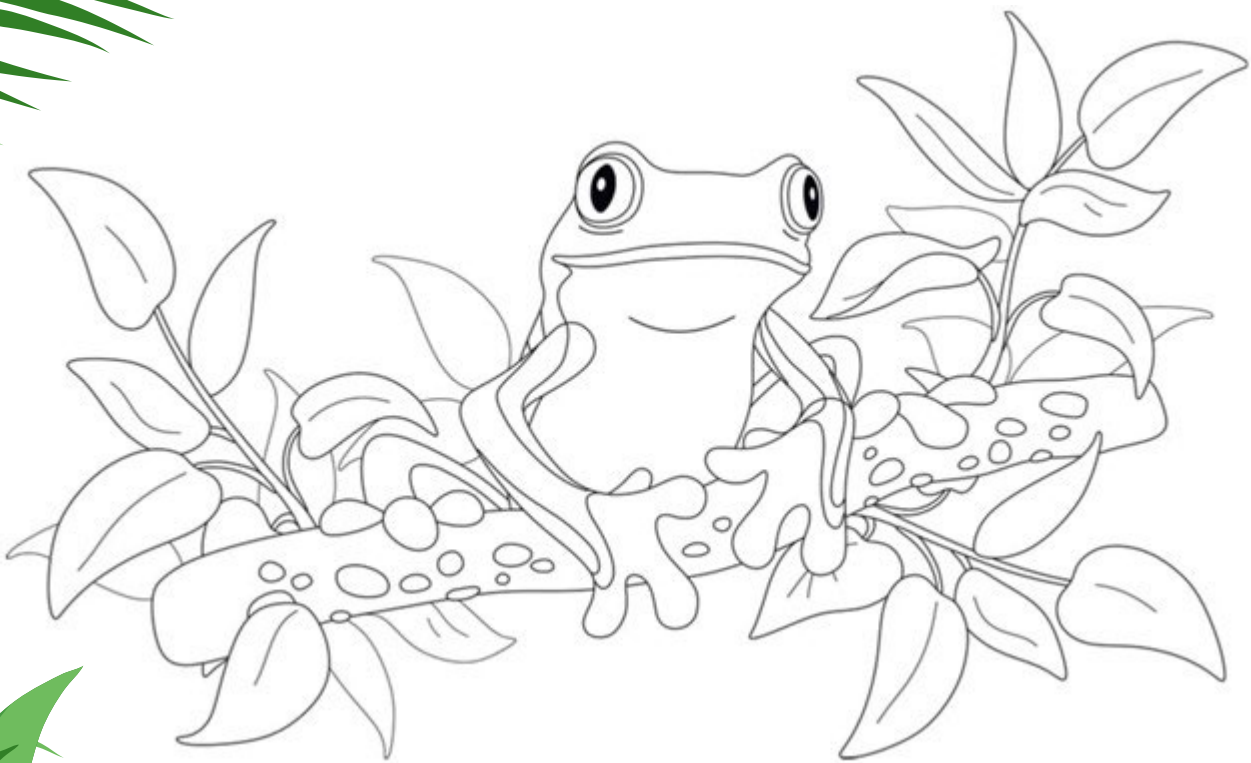


If you believe your pet is experiencing anxiety, please contact us for a consultation.

**10% off Feliway and Adaptil products until the end of June!**

# Colouring Competition

Colour in Roger! Have fun colouring our resident frog, Roger, and submit to the clinic before **30th of June** for the chance to win a prize! The favourite will be picked by our lovely team of nurses, and announced on the **1st of July**.



Child's Name: .....

Age: .....

Contact No/email:.....

